Florida Barbell

3555 Universal Plaza

New Port Richey, FL 34652

_____ I hereby understand and acknowledge that the training, programs and events held by Florida barbell may expose me to inherent risks, including accidents, injury, illness, or even death.

_____ I assume all risk of injuries associated with participation including, but not limited to, falls, contact with other participants, and effects of the weather, including high heat and/or humidity, and all other such risks being known and appreciated by me.

_____ I hereby acknowledge my responsibility in communicating any physical and psychological concerns that might conflict with participation in activity.

_____ I hereby acknowledge that I am physically fit and mentally capable of performing the physical activity I choose to participate in.

After reading this waiver and knowing these facts, and in consideration of acceptance of my participation and Florida Barbell furnishing services to me, I agree, for myself and anyone entitled to act on my behalf, to **HOLD HARMLESS, WAIVE AND RELEASE** Florida Barbell, its officers, agents, employees, organizers, representatives, and successors from responsibility, liabilities, demands, or claims of any kind arising out of my participation in Florida Barbell training, programs and/or events.

By my signature I indicate that I have read and understand this waiver of liability. I am aware that this is a waiver and a release of liability and I voluntarily agree to its terms.

Participant's Name:	
Participant's Signature:	Date:
In case of Emergency, contact:	
Relationship:	Phone:

Parent's signature if under 18 years old

I represent that I have legal capacity and authorize to act on behalf of the minor named herein.

Parent/Guardian Name:_____

Parent/Guardian Signature:	Date: